



Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Briefly describe your reason/s for seeking therapy.

Do you have a current mental health diagnosis? Describe including treatment methods.

Are you currently using any recreational drugs including alcohol and tobacco?

Have you had a substance abuse problem in the past? Please include treatment.

Do you have a history of physical, sexual or emotional abuse?

What do you know about your birth?



## Adult Disclosure Form

[www.sageeducationcenter.com](http://www.sageeducationcenter.com)

### About my Practitioner

**Stephanie Johnson MA, R-DMT, LPC**

My credentials: LPC Licensed Professional Counselor, MN Board of Behavioral Health and Therapy  
MA Somatic Psychology/Dance Therapy. Naropa University Boulder CO  
Dance Therapist Registered by the American Dance Therapy Association

Professional memberships: MN Dance Educators Coalition, American Dance Therapy Association, National Dance Education Organization

### Client Rights and important information:

Please read and initial each item.

\_\_\_ 1. You are entitled to receive information from me about my methods of therapy, the techniques I use, the duration of your treatment (if I can determine it), and my fee structure.

\_\_\_ 2. You can seek a second opinion from another therapist or terminate treatment at any time.

\_\_\_ 3. Session fee is \$ 120.00 per session and is paid by credit card online at time of booking. Paper work is provided to those who wish to submit claims to insurance companies.

\_\_\_ 4. Please be on time, if you are late to a session it may not be possible to receive the total session time of 55 minutes.

\_\_\_ 5. Please do your best to cancel a session with 24 hours notice. Your card will be charged a no show fee of \$50 if you cancel less than 24 hours before your session.

\_\_\_ 6 Developmental Movement Therapy often requires there to be touch between the therapist and client. This touch is used to guide movements and/or indicate to the client to focus on a particular body part. The client and/or his/her custodial guardian can always request information regarding why touch is being used and guardians are also welcome to be in the treatment room during therapy.

I, \_\_\_\_\_ have read the above disclosure and agree  
Print your name here

to the conditions stated in this disclosure.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Stephanie Johnson, MA, DTR, LPC      Sage Education Center

\_\_\_\_\_  
Date



Education & Therapy

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612.251.6352

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Stephanie Johnson MA, R-DMT, LPC

## Consent to Disclose

I give permission to Stephanie Johnson to disclose information regarding my assessment, treatment and progress to other professionals as it is relevant to their common work with me.

Clients name \_\_\_\_\_ DOB \_\_\_\_\_

\_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

Please list other care providers and contact information of those you give permission for us to contact.